



MavSports Field Hockey NEWSLETTER
"YOUR SEASON NEVER ENDS WITH MAVSPORTS"

November 9, 2006 The newsletter is posted on the MavSports website by Friday. Non-subscribers can view it from this site.
www.mavsportshockey.com

MavSports newsgroup is on www.groups.yahoo.com. Select Mavsports group. Sign up now to receive our weekly newsletter.

MavSports winter schedule for leagues and clinics is now available on the new website. Registration is in full swing! www.mavsportshockey.com

Katherine Ballard (Charlottesville HS/Va) verbally committed to attend Ohio University. Katharine plays for Capitol Pegasus Club and played for Virginia Express.



Sophomore,

Crystal Duffield, the pride of West Potomac HS/Va, is the starting goalkeeper for #1 Wake Forrest. Senior goalkeeper, Kristina Gagliardi, tore her acl, creating the opportunity. Crystal ran 100 meters track at West Potomac and brings an extraordinarily quick goalkeeper to Wake. Crystal played for the first ever Capitol Pegasus team that qualified for the "A" pool in the 2005 USFHA National Indoor Tournament.

Crystal started in the ACC championship game with #1 UMD Terps which #2 Wake won.

UMD Terps is hosting first round NCAA Tournament matches this weekend.

For brackets :

http://www.ncaasports.com/fieldhockey/womens/brackets/straight16_dyn/2006/DI

AU Eagles is playing Wake Forrest in the first game of their NCAA tournament at Wake.

DCStarz needs volunteer coaches and equipment. They meet every Saturday from 10 am to 1 PM at King Greenleaf Center, 201 N Street, SW

Info: Contact Ann Hayward Saraandann@aol.com

Westfield HS/VA won the Northern Region tournament, upsetting favorite, Woodson. Westfield is a school that is approximately 6 years old, that, already, has won a state football championship and had a player on their baseball team drafted in the 1st round by Major League Baseball.

Faith Adams, a Junior at Langley High School, is the Northern Region Player of the Year. This award is usually given to a senior. Faith plays for Capitol Pegasus Club.

Correction: Virginia does have multiple state champions. Northern Virginia is in the Northern Region which is part of the 3A State Championship.

3A Championship for Virginia is being played this weekend at Oakton High School. Final 8 teams vying for 3A State Champions are: Cox, James River, Stafford, Woodson, Thomas Dale, Maury, Westfield and Mountain View.

2006 ACC All tournament team is listed at the end of the Newsletter.

UMD Terps, Nicole Muracco was named 2006 ACC Freshman of the Year.

Johns Hopkins hosted Wesley in the first round of the 2006 ECAC Mid-Atlantic Championships. This was Hopkins first appearance in the ECAC Tournament since the 1998 season.

Johns Hopkins Adair Landy and Emily Miller earned First Team All-Centennial Conference honors Thursday as announced by the conference office.
<http://hopkinssports.cstv.com/sports/w-fieldh/spec-rel/110206aaa.html>

Coaching tip:

Keep major decisions out of the hands of officials. Expect a goal that may not be a goal to be scored on you every game. Play attack defense and foul before the other team gets into the circle area.

This keeps major miscues from the umpires.

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2006 ACC Field Hockey Championship All-Tournament Team

*Lauren Crandall, Wake Forest
Aileen Davis, Wake Forest
Jesse Gey, North Carolina
Paula Infante, Maryland
Michelle Kasold, Wake Forest
Brianna O'Donnell, North Carolina
Katie Quaglia, Boston College
Traci Ragukas, Virginia
Susie Rowe, Maryland
Inge Kaars Sijpesteijn, Virginia
Amy Stopford, Duke
* ACC Championship MVP

2006 ACC Freshman of the Year

Nicole Muracco, Maryland

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