



MavSports Field Hockey NEWSLETTER

"YOUR SEASON NEVER ENDS WITH MAVSPORTS"

October 26, 2006 The newsletter is posted on the MavSports website by Friday. Non-subscribers can view it from this site.
www.mavsportshockey.com

MavSports newsgroup is on www.groups.yahoo.com. Select Mavsports group. Sign up now to receive our weekly newsletter.

MavSports winter schedule for leagues and clinics is now available on the new website. Registration is in full swing! www.mavsportshockey.com



Alicia Larkins (Fairfax HS/Va and Capitol Pegasus Club) and **Erica Muschamp** (Liberty HS/VA and Va Express Club) pay their first visit to #1 UMD Terps on Friday night.

This is the first anniversary of the accident that took the life of **Julie Nagel** (Wooton HS/MD and Capitol Pegasus Club), the 3rd member of the

Appalachian State team from our area.



Alpha Delta Pi sorority website dedicated to **Julie Nagel**

<http://www.adpi.appstate.edu/index.htm>

Maryland High School playoffs, Link to seeding and brackets

<http://mpssaa.org/NEW/SPORTS/FIELDHOCKEY/FieldHockey.html>

Virginia State Championships will be held this year at Oakton High School, in Northern Virginia on November 9-11.

Northern Virginia Regional tournament starts this Thursday, October 26. Top 2 teams go to state championships.

Maryland has 4 state champions depending on the size of school (1A, 2A, 3A, 4A). Virginia has 1 State champion.

Washington Post Top 10 had a big reshuffle. Stafford moved up to #2 and Wt Woodson moved to #3. South River slid from #2 to #4 after losing to #1 Severna Park. Good Counsel joined the top 10 at #9.



Christina Armer, senior goalkeeper of the Towson Tigers, has been selected to play in the National Field Hockey Coaches Association (NFHCA) Division I Senior All-Star Game, which will be played on Saturday, November 18 at Wake Forest University.

2006 NFHCA
the end of the



Division I Senior All Star team is listed at Newsletter.

Team includes Paula Infante(UMD) and Camilla Infante(AU)

Brittany Jacobs (Frederick HS/MD and Capitol Pegasus Club) is making her first visit with UNH Wildcats. They are playing UMBC Retrievers on Saturday. She represented Region 7 in the 2004 and 2005 USFHA U19 NFC.

Brittany graduated #1 in her high school class of 550

Alex Grassi, Ocelots and dc Dragons player, was selected to play in a series of USA-Canada Junior Men team games.

2007 NFHCA Annual Convention & Coaches Clinic

The 2007 NFHCA Annual Convention will be held January 4-7, 2007 at the Wyndham Baltimore Inner Harbor Hotel in Baltimore, Maryland. The clinic portion of the event will feature some of the best field hockey minds in the country including:

Lee Bodimeade - U.S. Women's National Team Coach and

Terry Walsh - USA Field Hockey's Technical Director of High Performance

Info:www.nfhca.org

Coaching tip: Man to man defense, zone, match up zone are popular defenses.

Australia used a half court press on the USA team that completely befuddled the USA defense.

Duke ran a match up zone on the UMD Terps that gave them a lot of trouble.

UMD backs released off their zones, which froze the Terps keeper, and this resulted in Duke giving the Terps their only loss in the 2006 regular season.

Google the defenses and there are good explanations on the internet.

Know and recognize defenses. That way, you can exploit the weakness of a defense.

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Baltimore Sun Top 15

1. Severna Park 12-0-1 1
2. Fallston 13-1 2
3. Garrison Forest 16-1 3
4. Bryn Mawr 12-3-1 4
5. South River 12-2 5
6. Broadneck 10-1-1 6
7. Century 11-1 7
8. C. Milton Wright 10-2-1 8
9. Dulaney 9-1-2 9
10. North Carroll 10-2 10
11. Westminster 9-2 11
12. Arundel 12-2 13
13. Hereford 9-3-1 14
14. Glenelg 9-4-2 -
15. Centennial 13-2 15

Washington Post Top 10

- 1 Severna Park
- 2 Stafford
- 3 WT Woodson
- 4 South River
- 5 Broadneck
- 6 St Stephen's/St Agnes
- 7 Quince Orchard
- 8 Oakton
- 9 Good Counsel
- 10 Lake Braddock

D1 Coaches poll

1. University of Maryland (17-1) 760 (38)
2. Wake Forest University (16-1) 713
3. Old Dominion University (16-2) 693
4. Duke University (13-4) 612
5. Ohio State University (13-2) 597
6. Boston College (14-3) 555
7. Penn State University (12-3) 507
8. University of North Carolina (11-6) 501
9. University of Connecticut (16-2) 444
10. University of Virginia (12-5) 420
11. University of Louisville (12-6) 361
12. University of California, Berkeley (13-4) 340
13. Providence College (15-3) 270
14. Indiana University (13-4) 254
15. James Madison University (12-6) 193
16. University of Michigan (10-8) 174
17. University of Richmond (13-4) 165
18. Villanova University (12-6) 157
19. American University (11-6) 51
20. Hofstra University (10-6) 37

D2 Poll

1. Bloomsburg University (19-0) 170 (17)
2. Shippensburg University (14-3) 141
3. Indiana University of PA (13-4) 126
4. Bentley College (13-4) 117
5. Stonehill College (13-3) 114
6. University of Massachusetts Lowell (12-4) 79
7. East Stroudsburg University (11-7) 68
8. Saint Michael's College (10-6) 44
9. Mansfield University (10-9) 39
10. Merrimack College (8-5) 17

D3 Poll

1. SUNY Cortland (15-0) 940 (33)
2. The College of New Jersey (13-1) 927 (8)
3. Messiah College (13-2) 887 (6)
4. Middlebury College (11-1) 849 (2)
5. Salisbury University (13-3) 722
6. Bowdoin College (11-1) 712 (1)
7. Williams College (10-2) 702
8. Ursinus College (14-3) 675
9. Lebanon Valley College (14-2) 591
10. William Smith College (13-3) 539
11. Elizabethtown College (15-2) 509
12. Rowan University (11-5) 373
13. Juniata College (14-2) 365
14. Montclair State University (10-3) 343
15. Christopher Newport University (10-3) 268
16. Springfield College (13-4) 231
17. Skidmore College (11-4) 202
18. Alvernia College (16-2) 177
19. Eastern University (14-3) 104
20. King's College (PA) (14-3) 101

2006 NFHCA Division I Senior All-Stars

Christina Armer Towson University

Lauren Campanelli Villanova University
 Vianney Campos University of the Pacific
 Lauren Crandall Wake Forest University
 Kristina Edmonds University of Maryland
 Jamie Fitzgerald College of William & Mary
 Megan Foster Villanova University
 Mary Fox University of Michigan
 Danielle Frank Central Michigan University
 Elizabeth Friedlander Yale University
 Camila Infante American University
 Paula Infante University of Maryland
 Doni-Melissa Jantzen Hofstra University
 Jessica Javelet University of Louisville
 Annelise Legel Penn State University
 Kara Lentz University of Michigan
 Hilary Linton Duke University
 Samantha Lloyd Brown University
 Melissa McGow Providence College
 Morgan Miller Indiana University
 Saskia Mueller Ohio State University
 Jodi Murphy University of Richmond
 Lindsay O'Bannon University of Virginia
 Lauren Parks Boston College
 Ashley Pernicano Michigan State University
 Erin Prediger Boston University
 Lindsay Quay Ball State University
 Heather Schnepf University of Iowa
 Lydia Schrott Indiana University
 Lauren Sickel Providence College
 Meghan Small Northwestern University
 Amy Stopford Duke University
 Aska Sturdevan Stanford University
 Baillie Versfeld James Madison University
 Lisa Wasser University of Louisville
 Jamie Whitten Wake Forest University
 Heather Wrublesky University of Richmond
 Curlyne Wynn Ohio State University

Colleges at home this weekend

American U Eagles

10/28/06	Sat	Holy Cross	Washington, D.C.	12:00 p.m. ET
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Georgetown Hoyas

Fri	10/27/06	Villanova	Kehoe Field	3:00 PM Gametracker
Sun	10/29/06	Holy Cross	Kehoe Field	1:00 PM Gametracker

Towson Tigers

10/29/2006	DREXEL	1:00 PM
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UMBC Retrievers

Oct 28	NEW HAMPSHIRE*	UMBC Stadium	12:00 PM
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UMD Terps

10/27/06	Fri	APPALACHIAN STATE	College Park, Md.	7:00 PM Gametracker
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